



AAA Nursing Services
...dedicated to providing quality service

MANAGING OSTEOPOROSIS

At Home

A MANAGEMENT PLAN FOR YOU

By closely following your physician's plan of care, you can effectively manage your condition and **AAA Nursing Services** is here to help. Our nurses, therapists, social workers, equipment specialists and nurse's aides will contribute to your recovery every step of the way, working closely with your doctors and your family.

AAA Nursing Services: In Home visits from skilled nurses & therapists

Licensed nurses will educate and instruct you and your family members on the management of Osteoporosis. They will monitor medications and establish a custom made medication regime.

Medical Social Workers will help you and your family access community resources, and will coordinate services and provide counseling for the patient and family.

Physical or occupational therapists will conduct a home safety inspection to recommend adaptive medical equipment to assist with Activities of Daily Living (ADL's). An individualized custom in-home exercise program will be designed to help build strength and increase the flow of body energy.

AAA Nursing Services: Individualized one to one in-home care

AAA's caregivers can provide assistance with:

- Gait supervision and assistance to prevent falls
- Weight-bearing exercises to promote an increase in bone mineral density
- Mobility issues
- Management of daily activities
- Transportation to and from appointments
- Dressing, grooming, and light housekeeping
- Meal preparation
- Social stimulation to combat loneliness/depression
- Transfers to and from the bed wheelchair, toilet, or sofa

AAA Nursing Services: Equipment to your Door!

As part of our full-service plan of care, any medical equipment needed, we can arrange and have delivered the following items and more;

Hospital Bed & Trapeze Attachment

Commode or Raised Toilet Seat

Wheelchair and Cushion

Scooter

Shower Chair

Lift Chair

Lift Chair

Skin care products

Daily Living Aids for assistance with dressing, grooming, bathing and eating