



**AAA Nursing Services**  
*...dedicated to providing quality service*

## ***CONTROLLING THE EFFECTS OF HEART DISEASE***

### ***At Home***

#### **A MANAGEMENT PLAN FOR YOU**

By closely following your physician's plan of care, you can effectively manage your condition and **AAA Nursing Services** is here to help. Our nurses, therapists, social workers, equipment specialists and nurse's aides will contribute to your recovery every step of the way, working closely with your doctors and your family.

**AAA Nursing Services:** In Home visits skilled nurses & therapists

**Licensed nurses** will educate you and your family members about the factors leading to Heart Disease, prevention measures and the importance of early detection; they will monitor medications and establish a medication regime; and can provide post-surgical in-home care.

**Medical Social Workers** evaluate community resource needs, coordinate services and provide counseling for the patient and family.

**Physical therapists** will conduct a home safety inspection to recommend adaptive medical equipment to assist with Activities of Daily Living (ADL's), which include bathing, dressing, ambulation, eating, transferring and toileting. An individualized custom exercise program will be designed to help build strength following cardiac surgery.

**AAA Nursing Services:** Individualized one to one in-home care

**AAA's caregivers can provide assistance with:**

- Increase patient compliance with dietary and/or lifestyle changes
- Supervise prescribed exercise/ physical therapy activities
- Ensure proper supervision and act professionally in case of serious emergency. All employees are trained in both CPR and First Aid.

**AAA Nursing Services:** Equipment to your Door!

**As part of our full-service plan of care, any medical equipment needed, we can arrange and have delivered the following items and more;**

Hospital Bed & Trapeze Attachment

Commode or Raised Toilet Seat

Wheelchair and Cushion

Walker

Shower Chair

Blood Pressure Monitor

Daily Living Aids for assistance with dressing, grooming, bathing and eating