



AAA Nursing Services
...dedicated to providing quality service

MANAGING LIFE WITH CANCER

At Home

A MANAGEMENT PLAN FOR YOU

By closely following your physician's plan of care, you can effectively manage your condition and **AAA Nursing Services** is here to help. Our nurses, therapists, equipment specialists and nurse's aides will contribute to your recovery every step of the way, working closely with your doctors and your family.

AAA Nursing Services: In home visits by skilled nurses & therapists

Licensed nurses will educate the patient and family about proper nutrition, pain management, pre and post surgical care, and will establish a medication regimen. You can also count on the nurse to assist with post chemo/radiation therapy support.

Physical therapists will conduct a home safety inspection to recommend appropriate safety equipment and strengthening exercises.

Occupational therapists will assist with upper body strengthening, assess swallowing skills and recommend devices to assist with Activities of Daily Living (ADL's).

Medical Social Workers will assist with accessing community resources and address any counseling needs.

AAA Nursing Services: Individualized one to one in-home care

Our nurse's aides will motivate and encourage:

- Management of Daily Activities at onset of fatigue to best conserve energy
- Meal preparation to increase energy levels through proper nutrition
- Assistance with exercise regimen to reduce depression & anxiety while increasing energy
- Relaxation and breathing exercises to reduce stress levels
- Verbal communication and emotional support

AAA Nursing Services: Equipment at your door!

As part of our full-service plan of care, any medical equipment needed, we can arrange and have delivered the following items and more:

Hospital Bed and Trapeze Attachment	Incontinence Products
Wheelchair and Cushion	Raised Toilet Seat or Commode
Scooter	Shower Chair
Compression sleeve for post-mastectomy recovery	
Daily Living Aids for assistance with dressing, grooming, bathing and eating	