



AAA Nursing Services
...dedicated to providing quality service

CONTROLLING YOUR DIABETES

Your comprehensive at-home MANAGEMENT PLAN

Stabilization of blood sugar levels and frequent monitoring, along with the proper combination of diet, exercise and medication, are keys to controlling diabetes. **AAA Nursing Services** can help you develop a healthy daily in-home routine to best care for your body and lead a full and normal life.

AAA Home Health Services: Visiting skilled nurses & therapists

Licensed nurses will provide information about the management of Diabetes and proper nutrition. They will monitor medications and train family members how to correctly use a glucometer to test blood sugar levels and how to administer insulin. They will educate about proper foot and skin care to enhance blood circulation to prevent skin breakdown. They will also monitor and treat any chronic wounds.

AAA Nursing Care: One-on-one in-home attendant care

**In addition to providing assistance with Activities of Daily Living (ADL),
AAA's caregivers can provide one-on-one assistance with:**

- Preparation of diabetic-friendly meals
- Monitoring condition of skin and lower extremities to prevent skin breakdown, ulcers and related injuries
- Ensure proper oral hygiene to prevent gum disease (common to diabetics)

AAA Medical Equipment & Supply: Door-to-door delivery!

Our full-service medical equipment division delivers the following and more:

- Glucometer, TestStrips and related blood sugar monitoring supplies
- Diabetic socks for proper care of extremities
- Power Wheelchairs and Scooters
- Forearm Crutches
- Diabetic lotions and creams for proper skin care